



Croton-Harmon High School Lunch Menu
Student Lunch \$6.00 Adult Lunch \$6.98 plus tax

January 2019

Happy New Year!

All Lunches Must Include Choice Fruit or 100% Fruit Juice and/or Vegetable, Skim Milk, or 1% Low-Fat Milk, (Hormone & Antibiotic Free* No High Fructose Corn Syrup)

Student prices: Grab & Go Assorted deli sandwiches daily starting at \$6.00 Pizza by the slice \$3.00

Salads- Garden Salad Starting at \$2.50

Hot Pretzels \$1.25 Variety of chips \$1.25

Hummus/Guacamole Cups \$2.75 Bagel w/cream cheese \$2.00

Yogurt Parfaits \$2.75

Healthy Snack choices also available daily

1
Holiday Recess
Schools Closed

2
Chicken Tenders
French Fries or
Mac & Cheese
Fresh Apple

3
Chicken & Broccoli
Sesame or General
Tso's
White Rice
Fresh Apple

4
Pizza from Capriccio
Salad or Veg
Fruit of the day

7
Baked Ziti
Pita Bread
Garlic String Beans
Fresh Apple

8
Chicken or Beef
Burrito
w/ Beans, Chips & Salsa
Fruit of the day.

9
Chicken Tenders
French Fries or
Mac & Cheese
Fresh Apple

10
Beef Hamburger
Or Cheeseburger
w/ French Fries
Fruit of the day

11
Pizza from Capriccio
Zucchini Sticks
Fruit of the day

14
Penne Vodka
Pita Bread
Fresh Broccoli
Fruit of the day

15
Beef or Chicken
Burrito
w/ Beans, Chips & Salsa
Fruit of the day

16
Chicken Tenders
French Fries or
Mac & Cheese
Fruit of the day

17
Brunch for Lunch
French Toast Sticks
Bacon or Sausage
Home Fries
Fruit of the day

18
Pizza from Capriccio
Fresh String Beans
Fruit of the day

21
Schools Closed

22
Beef or Chicken
Burrito
w/ Beans, Chips & Salsa
Fresh Apple

23
Chicken Tenders
w/ French Fries
Fruit of the day

24
Sesame Chicken
& Broccoli
White Rice
Fruit of the day

25
Pizza from Capriccio
Zucchini Sticks
Fruit of the day

28
Spaghetti with
Meatballs
Pita Bread
Fresh Apple

29
Chicken Cutlet/
Fresh Mozz. Wedge
w/ French Fries
Fruit of the Day

30
Chicken Tenders
French Fries or
Mac & Cheese
Fresh Apple

31
Chicken & Broccoli
Or General Tso's
White Rice
Fresh Apple

Food Allergies?
If you have a food
allergy, please speak to the
school lunch manager.

