



**It Takes Heart to be a Hero!**

**Jump Rope for Heart! Feb. 12-16**

Please look at the CET or PE teacher's websites to find more information, specifically about how to fundraise for this great cause. Last year, within the Westch. & Put.Co. area, CET was a leader in fundraising as we raised over \$8,717.00. This year's goal is to raise **\$8,800.00**, which will go straight to the Amer. Heart Assoc. for those in need. Please consider taking part and helping out such a great cause!

**UPCOMING EVENTS:**



Around the World with CET: North & South America  
**Kindergarten Show**  
March 16 8:45AM

Around the World with CET: Europe  
**First Grade Show**  
April 19 8:45AM

Broadway Kids  
**Fourth Grade Show**  
May 10

Around the World with CET:  
**CULTURAL NIGHT**  
May 18 6:30PM

**SPRING Chorus, Band and Strings Concert**  
June 6 7:00PM



# Carrie E. Tompkins

## Elementary School SPECIALS Update



PHYSICAL EDUCATION NEWS  
SUZANNE LESLIE & JUSTIN DUCHIN



In Physical Education class, we recently completed our football unit, our winter wonderland/holiday unit, and our basketball unit. Currently, we are in our Drumming for Fitness Unit, which is a blast! Students come to the gymnasium for both their physical education and music classes to participate in this collaborative unit. Therefore, we ask that you help your child remember their sneakers during these times.

Drumming for Fitness is a unit where students drum, dance, and sing to old and new songs. There are times when the songs are choreographed and teacher led as well as times where it is student led. Drumming for fitness is a great cardiovascular endurance exercise. Students get to participate in a full 40-minute workout! They have been doing wonderfully. We are so pleased. We too are ENJOYING the unit! Please ask your child about their favorite song and maybe they can perform it with you as Drumming for Fitness can be done at any age and is a wonderful cardiovascular exercise.

Coming up on **February 12-16**, we will be doing our **Jump Rope for Heart Unit**. Your student will become a Heart Hero by taking care of their own heart, spreading the message of the American Heart Association and raising funds for lifesaving research. Have your student jump online at [heart.org/jump](http://heart.org/jump) and search for Carrie E. Tompkins to take three health challenges, send emails, and ask for donations.

ANY STUDENT THAT GOES ONLINE, TAKES THE CHALLENGE, AND GETS DONATIONS GETS A GLOW IN THE DARK WRISTBAND.



### Music



### Marlena Peters



**Amazing things have been happening in music!** Thanks to a grant from our PTA, each grade has been experiencing a collaborative lesson between Music and Physical Education, "Fitness Drumming." We will dance and drum while getting a full body workout! All PE and Music classes combine for this four-week unit and learn dance routines incorporating dance and traditional exercise steps set to current pop music

as well as some old favorites, Stevie Wonder and Aerosmith to name a few!! We turn off the gym lights, add some specialty lighting then dance and laugh all class period. Students are chosen at random to come and lead all three classes and create their own moves, the kids REALLY love this. Our 3<sup>rd</sup> and 4<sup>th</sup> grade classes will begin to choreograph their own routines and share them with the class. We all love this unit, it's fantastic exercise and a ton of fun!

### **Parent Volunteers needed for CET's Cultural Night!**

**We are seeking volunteers to set up a "booth" and share their culture with us for our first Cultural Night. Please email Ms. Peters if you are interested!**

**[Marlena.Roberts@chufsd.org](mailto:Marlena.Roberts@chufsd.org)**

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***Attention CET Parents!***

*You can find more in depth information on our programs from the CET website.*

Just click on **CLASS PAGES**, and then on **TEACHER NAME**.

**Below are some quick links:**



**Art**

<https://cetartk-4.weebly.com/>



**Library**

<http://librarycet.weebly.com>



**Music**

<https://cetmusic.weebly.com/>

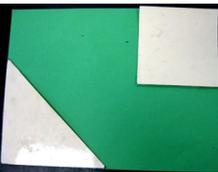
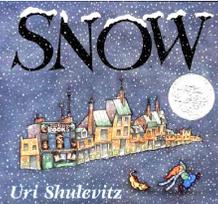


**Physical Education**

<https://sites.google.com/a/chufsd.org/cet-physical-education/>

**ARTalk**

**Brie Lafuente**



Kindergarten students have become inspired by author & illustrator Uri Shulevitz! In connection to their learning of weather & climate in their classrooms, students viewed and discussed how the sky was gray because it was about to snow, and how the snow changed the appearance of the houses in the little town. Then students selected their choice of colored paper and used their tracing, cutting & drawing skills to create collage houses. Students worked collaboratively to problem solve the ultimate art question: **where to place the shape tracer in order to save the most**

**paper?** Students came up to the Elmo, or document camera, and moved first the square tracer and later the triangle tracer in order to creatively answer that question. Where did they move it? Into the corner of the paper of course! That way half or more of the work is finished as they took advantage of the edge of the paper, plus save the scraps if they wish to add a dog house or use towards another project! Next, we talked about the many shapes of windows, and students drew any other additional details. Finally, we discussed how artists use a wide variety of tools to work with paint, especially to add texture, and then students applied white paint with a sponge to mimic the texture of snow on the ground & rooftops. To create snowflakes and icicles, students used Q-tips.



**LIBRARY**

with Reni McManus

All grades have learned about library organization and research skills. In **third and fourth grades**, students learned about the Dewey Decimal System through scavenger hunts and shelving games. This culminated in the students "Doing the Dewey" and using the Dewey Decimal System to find topics of interest to them. Third and fourth graders also learned that there are different types of libraries. In **second grade**, we are looking at different features of nonfiction and how to research effectively in support of the classroom nonfiction unit. **First graders** are using books and appropriate online resources (with teacher modeling and guidance on the SMART Board) to research an animal in order to design an enclosure that meets all of that animal's needs. Students were given a challenge and worked backward, thinking of the questions they need to answer to make a better enclosure. **Kindergarteners** are learning about holidays and are listening to stories and authors that their parents grew up with. We continue to review the differences between fiction and nonfiction each class period. We have looked at books that have been made into movies and how movies are usually longer than books and have more problems and more characters. Kindergarteners are also able to show the different parts of the book: front cover, back cover, title, title page, and spine. **We continue to rotate the centers each week and now have a yarn table!** Finger knitting, knitting, yarn dolls, braiding, and pom-poms are just a few of the many things that can be learned and made at the CET library. The current Maker Challenge is WINTER! Make something wintery or make something out of a glove, hat or scarf. More information can be found at the CET Library website! <http://librarycet.weebly.com>