

CET Breakfast

September 2021

30
School Closed

31
School Closed

1
Scrambled Eggs
or
Yogurt Parfait

Fresh Banana, Fresh Apple
Orange Juice

2
Plain Bagel
or
Yogurt Parfait

Fresh Banana, Fresh
Orange
Apple Juice

3
Breakfast Pizza

Fresh Apple, Fresh Orange
Fruit Punch

6
School Closed

7
School Closed

8
School Closed

9
Blueberry Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

10
Breakfast Pizza

Apple, Orange, Banana,
Orange Juice

Daily Beverage Options:

- Cream-O-Land Milk
 - 1% Milk
 - 1% Chocolate Milk
- Lactose Friendly Milk
- Daily assortment of Fruit Juice

13
French Toast w/Syrup
Or
Blueberry Bagel

Apple, Banana
Orange Juice

14
Sesame Seed Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

15
Mini Pancakes w/ Syrup
or
Yogurt Parfait

Fresh Apple, Fresh Orange
Fruit Punch

16
School Closed

17
Breakfast Pizza

Fresh Apple, Fresh Orange
Fruit Punch

Check out our daily options!

- WG Cold Cereal
- Ask us about our specialty diet options:**

- Gluten Friendly Cereal

18
Scrambled Eggs
or
Plain Bagel

Fresh Apple, Banana,
Fruit Punch

21
Blueberry Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

22
Scrambled Eggs
or
Yogurt Parfait Bar

Fresh Banana, Fresh Apple
Orange Juice

23
Sesame Seed Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

24
Breakfast Pizza

Fresh Apple, Fresh Orange
Fruit Punch

27
French Toast Sticks
w/Syrup
or
Sesame Seed Bagel

Fresh Apple, Fresh Orange
Orange Juice

28
Sesame Seed Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

29
Waffle w/ Syrup
or
Yogurt Parfait

Orange, Banana
Fruit Punch

30
Blueberry Bagel
or
Yogurt Parfait

Fresh Orange, Banana
Apple Juice

1
Breakfast Pizza

Fresh Apple, Fresh Banana
Orange Juice

Protein Index: The indicators below will help identify proteins, if not named in the menu item

Pork Items= (P) Chicken = (C)
Turkey= (T) Beef= (B)



This institution is an equal opportunity provider.