

CET Lunch February 2022

Adult Pricing

- **Breakfast: \$2.71 plus tax**
- **Lunch: \$5.02 plus tax**

Students eat free for the 2021-2022 School year!

Daily Beverage Options:

- Cream-O-Land Milk
 - 1% Milk
 - 1% Chocolate Milk
- Lactose Friendly Milk
- Daily assortment of 100% Fruit Juice

Check out our daily options!

- WG bagels bag or SunButter and Jelly Sandwich on WG Bread
 - Includes- Philadelphia Cream Cheese, 2 string cheese sticks or yogurt, Fruit and Milk
- Boar's Head deli Sandwiches served with Milk, fruit, and vegetable

- Alternate Veggies of Carrot or Celery Sticks
- Daily made to order Salad and Deli Bar
- Daily Pizza, Hamburgers, and Chicken Patty
- Ask for a side Salad with 1 cup of serving of Salad greens and 2 other toppings.

Ask us about our specialty diet options:

- Gluten Friendly Bread
- Chex Cereal

Protein Index: The indicators below will help identify proteins, if not named in the menu item

Pork Items= (P) Chicken = (C)
 Turkey= (T) Beef= (B)



This institution is an equal opportunity provider.

31

Penne in Rosa Sauce w/ Chicken

Roasted Tomato's Apples

1

Cheese or Beef Quesadilla on WG Tortilla

Cajun Corn

Fresh Orange

2

Hamburgers on WG Bun

Orange Ginger Carrots Apple

3

Breakfast for Lunch

WG Pancakes Turkey Sausage & Syrup

Breakfast Potatoes Banana

4

Cheese Pizza

Sautéed Spinach Orange

7

Chicken Tenders w/WG Dinner Roll

French Fries Raisins

8

Beef Nachos on WG Tortilla Chip

Campfire Pinto Beans Apple

9

Chicken Patties on/ WG Bun

Broccoli Orange

10

Peruvian Chicken and Black Beans w/ WG Dinner Roll

Roasted Carrots Banana

11

Cheese Pizza

Pineapple

Seasoned Zucchini Squash

14

Mac N Cheese

Green beans Apple

15

Sweet and Sour Pork served over Brown Rice

Roasted Red Peppers Orange

16

Beef or Cheese Lasagna

Collard Greens Pears

17

Breakfast for Lunch

WG French Toast Sticks Turkey Sausage & Syrup

French Fries Applesauce

18

Cheese Pizza

Garbanzo Bean Strawberries

21

School Closed

22

School Closed

23

School Closed

24

School Closed

25

School Closed

28

Popcorn Chicken w WG Dinner Roll

French Fries Pears

1

Ramen w/ Sweet and Sour Chicken

Edamame Banana

2

Chicken Parmesan W/WG Dinner Roll

Broccoli Raisin

3

Beef Philly Cheesesteak on WG Hot Dog Bun

Roasted Red Peppers Peaches

4

Cheese Pizza

Green Beans Pineapple

Food product may come in contact with allergens, please let your server know to help accommodate you