



refresh. refuel. relax.

CHHS & PVC Lunch Menu

Student Lunch \$3.75
Adult Lunch \$5.02 Including Tax

March 2023

Fresh Fruit or Yogurt Parfait Made Daily

As a Meal

¾ cup of carrot Sticks

One cup Salad

2OZ Whole Grain Roll

Offered with all meals

Also Offered Daily

Boar's Head Deli, W/ 4oz Veggies, 4oz Fruit
Salad Meal w/2oz whole wheat roll
Pizza Meal

Grill Features

Burgers & Grilled Cheese Daily wrap
Specials

Monday	Tuesday
Chicken & Cheese	Chicken Caesar Wrap
Wednesday	Thursday
Buffalo Chicken	Chicken Parm Wrap
Friday	
Black Bean & Cheese	
2oz dinner roll offered	

**All Lunches Must Include Choice of Fruit or 100% Fruit Juice and/or Vegetable

Food Service Director

aramark  Kyra Hamilton
914-271-2191 ext. 2690

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

(P)-Pork
(T)-Turkey
(B)- Beef

Available Daily:
Low Fat Milk,
Fat Free White Milk,
Chocolate Milk &
Lactose Friendly Milk

Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server.

1 **Beef Hot Dog**
WG Hotdog Bun
Vegetarian Beans
Baby Carrots
Fresh Fruit Salad
8oz Milk

2 **Nachos**
Tortilla Chips with
Ground Turkey
Shredded Cheese
Shredded Lettuce
Salsa & Black Bean
Salad
Grapes
8oz Milk

3 **Golden Roasted Chicken**
WG Rice
Roasted Broccoli
NY Apples
8oz Milk

6 **Meatless Monday!**
Baked Macaroni & Cheese
Garlic Bread
Roasted Broccoli
NY Apples
8oz Milk

7 **Sweet & Spicy BBQ Chicken**
Brown Rice
Roasted Zucchini
Sweet Pears
8oz Milk

8 **Pizza Rolls**
Pepperoni (P) or
Spinach & Cheese
Wrapped in Whole
Wheat
Pizza Dough
Red Pepper Slices
Sweet Pineapple
8oz Milk

9 **Nachos**
Tortilla Chips with
Ground Turkey
Shredded Cheese
Shredded Lettuce
Salsa & Black Bean
Salad
Bananas
8oz Milk

10 **Pasta Mania**
Marinara, Ground Beef
Meat Sauce or Alfredo
Cheese Stick
Sweet Corn
Grapes
8oz Milk

13 **Golden Roasted Chicken**
2oz Whole Grain
Dinner Roll
Broccoli
Sweet Pears
8oz Milk

14 **Brunch For Lunch**
House Made
French Toast
Turkey Bacon
Roasted Potatoes
Peach Cups
8oz Milk

15 **Pasta Mania**
Marinara, Ground Beef
Meat Sauce or Alfredo
Cheese Stick
Cucumber & Tomato Salad
Grapes
8oz Milk

16 **Nachos**
Tortilla Chips with
Ground Turkey
Shredded Cheese
Shredded Lettuce
Salsa & Black Bean
Salad
Fruit Salad
8oz Milk

17 **Chicken Parmigiana**
WG Pasta
Roasted Carrots
NY Apples
8oz Milk

20 **Meatless Monday!**
Grilled Cheese &
Tomato Soup
Red Pepper Slices
Sweet Orange
8oz Milk

21 **Golden Roasted Chicken**
WG Rice
Roasted Potatoes
Sweet Pears
8oz Milk

22 **Pasta & Meatballs**
Ground Beef
House Made Meatballs
Served over Pasta
Garlic Bread
Sautéed Zucchini
Applesauce Cups
8oz Milk

23 **Nachos**
Tortilla Chips with
Ground Turkey
Shredded Cheese
Shredded Lettuce
Salsa & Black Bean
Salad
Fruit Salad
8oz Milk

24 **Sweet & Sour Chicken**
Brown Rice
Roasted Broccoli
Sweet Grapes
8oz Milk

27 **Sweet & Spicy BBQ Chicken**
Brown Rice
Roasted Zucchini
Orange Smiles
8oz Milk

28 **Mild Buffalo Chicken Wraps**
Mild Buffalo Chicken in a
WG Wrap
Caesar Salad
Sweet Pears
8oz Milk

Brunch For Lunch
House Made
French Toast
Turkey Bacon
Roasted Sweet Potatoes
Peach Cups
8oz Milk

Nachos
Tortilla Chips with
Ground Turkey
Shredded Cheese
Shredded Lettuce
Salsa & Black Bean Salad
Fruit Salad
8oz Milk

Cheeseburger & Pasta
Casserole Ground Beef
& Pasta
American Cheese
Sweet Corn
NY Apples
8oz Milk

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch & School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.