

CHUFSD Breakfast

January 2022

Adult Pricing

- Breakfast: \$2.57 plus tax
- Lunch: \$4.78 plus tax

Students eat free for the 2021-2022

School year!

Daily Beverage Options:

- Cream-O-Land Milk
 - 1% Milk
 - 1% Chocolate Milk

- Lactose Friendly Milk
- Daily assortment of 100% Fruit Juice

Check out our daily options!

- Fruit Yogurt Parfaits
- Assorted Cereal
- Assorted Bagels
 - Served with Cream cheese

Yogurt Parfaits are served with 2oz of Granola and ½ cup serving of fruit.

Ask us about our specialty diet options:

- Gluten Friendly Bagel
- Chex Cereal

Protein Index: The indicators below will help identify proteins, if not named in the menu item

Pork Items= (P) Chicken = (C)
Turkey= (T) Beef= (B)



This institution is an equal opportunity provider.

3

Blueberry Bagel
Or
Fruit Parfait

Raisins

4

Mini Waffles
Or
Fruit Parfait

Fresh Apple

5

French Toast Sticks
w/Syrup or

Plain Bagel
or
Yogurt Parfait

Fresh Orange

6

Sausage (T), Egg &
Cheese Sandwich
OR
Blueberry Bagel
Or
Yogurt Parfait

Fresh Banana

7

Breakfast Pizza with Egg,
Ham(P) & Cheese topping
or
Cinnamon Raisin Bagel
or
Yogurt Parfait

Fresh Apple

10

Sesame Seed Bagel
or
Blueberry Yogurt Parfait

Raisins

11

Pancakes
or
Sesame Seed Bagel

Fresh Pear

12

Waffle w/ Syrup
or
Cinnamon Raisin Bagel
or
Strawberry Yogurt Parfait

Fresh Banana

13

Ham (P), Egg & Cheese
Sandwich
or
Blueberry Bagel
or
Yogurt Parfait

Fresh Orange

14

Breakfast Pizza with Egg,
Ham(P) & Cheese topping
or
Plain Bagel
or
Strawberry Yogurt Parfait

Fresh Orange

17

Blueberry Bagel
Or
Blueberry Parfait

Raisins

18

Blueberry Waffles
or
Sesame Seed Bagel

Fresh Pear

19

French Toast Sticks
w/Syrup or

Plain Bagel
or
Vanilla Yogurt Parfait

Fresh Orange

20

Bacon (P), Egg & Cheese
Sandwich
or
Blueberry Bagel
or
Blueberry Yogurt Parfait

Fresh Orange

21

Breakfast Pizza with Egg,
Ham(P) & Cheese topping
Or
Plain Bagel
Or
Strawberry Yogurt Parfait

Fresh Banana

24

Plain Bagel
Or
Blueberry Parfait

Raisins

25

Mini Waffles
Or
Cinnamon Raisin Bagel

Fresh Apple

26

Mini Pancakes w/ Syrup
or
Cinnamon Raisin Bagel
or
Vanilla Yogurt Parfait

Fresh Apple

27

Sausage (T), Egg &
Cheese Sandwich
OR
Blueberry Bagel
Or
Yogurt Parfait

Fresh Banana

28

Breakfast Pizza with Egg,
Ham(P) & Cheese topping
or
Cinnamon Raisin Bagel
or
Yogurt Parfait

Fresh Apple

31

Sesame Seed Bagel
or
Blueberry Yogurt Parfait

Raisins

1

Pancakes
or
Sesame Seed Bagel

Fresh Pear

2

Waffle w/ Syrup
or
Cinnamon Raisin Bagel
or
Strawberry Yogurt Parfait

Fresh Banana

3

Ham (P), Egg & Cheese
Sandwich
or
Blueberry Bagel
or
Yogurt Parfait

Fresh Orange

4

Breakfast Pizza with Egg,
Ham(P) & Cheese topping
or
Plain Bagel
or
Strawberry Yogurt Parfait

Fresh Orange