

PVC Lunch

September 2021

Daily Beverage Options:

- Cream-O-Land Milk
 - 1% Milk
 - 1% Chocolate Milk
- Lactose Friendly Milk
- Daily assortment of Fruit Juice

Check out our daily options!

- WG bagels bag or SunButter and Jelly Sandwich on WG Bread
 - Includes- Philadelphia Cream Cheese, 2 string cheese sticks or yogurt, Fruit and Milk
- Boar's Head deli Sandwiches served with Milk, fruit, and vegetable

- Daily made to order Salad and Deli Bar
- Daily Pizza, Hamburgers, and Chicken Patty

Ask us about our specialty diet options:

- Gluten Friendly Bread
- Chex Cereal

Protein Index: The indicators below will help identify proteins, if not named in the menu item

Pork Items= (P) Chicken = (C)
 Turkey= (T) Beef= (B)



This institution is an equal opportunity provider.

30

School Closed

31

School Closed

1

BBQ Bone-in Chicken w/
WG Bun

Grape Tomatoes
Fresh Orange

2

Chicken Penne Alfredo
w/WG roll

Seasoned Peas & Carrots
Fresh Orange

3

Cheese Pizza

Broccoli
Fresh Pear

6

School Closed

7

School Closed

8

School Closed

9

Beef Nachos W/ WG
Tortilla Chips and
cheddar cheese

Applesauce
Broccoli

10

Cheese Pizza

Spinach Leaves
Strawberries

13

Breakfast for Lunch!
French Toast Sticks
w/Syrup & Turkey
Sausage Patty

Strawberries
Tater Tots

14

Beef or Cheese Quesadilla

Fresh Pear
Pinto Beans

15

Cheeseburger on WG
Bun

Fresh Orange
Celery Sticks

16

School Closed

17

Cheese Pizza

Baby Carrots
Fresh Apple

Gluten Free Pizza available

18

Macaroni & Cheese w/WG
Roll

Garbanzo Beans
Fresh Orange

21

Twin Beef Tacos

Celery Sticks
Peaches

22

Beef Hot Dog on WG roll

Carrot Sticks
Raisins

23

Beef Meatball Sub on
WG Roll

Roasted Red Potatoes
Fresh Banana

24

Cheese Pizza

Seasoned Green Beans
Pineapple

Gluten Free Pizza Available

27

Chicken Tenders w/ WG
Roll

Roasted Red Potatoes
Raisins

28

Beef or Cheese
Quesadilla

Seasoned Peas
Applesauce

29

Tomato Soup w/Grilled
Cheese served on WG
Bread

Fresh Banana
Baby Carrots

30

Chicken Penne Alfredo

Roasted Sweet Potatoes
Fresh Banana

1

Cheese Pizza

Seasoned Green Beans
Pineapple

Gluten Free Pizza Available