Safety Always Matters

Pierre Van Cortlandt Middle School
Positive School Culture

- PBIS
  - Research-based

- Olweus Bullying Prevention
  - Proactive

- Advisory
  - Support learning and student growth
History of Olweus and Support Programs at PVC Middle School

2006-2007: First Olweus Survey Conducted
2007: Prevention Committee Formed and Trained
2008: Roll-out to First Cohort & Training of Faculty
2008: PBIS Program Started
2009: Advisory Meetings Once per month.
2011: Survey of Students
2012: Advisory Meetings Twice per month
2013: Survey of Students
Olweus Anti-Bullying Program Training

- Identifying Bullying
- Reporting
- Intervention
- Communication
The Olweus Bullying Prevention Program IS...

- Designed for ALL students
- Not time limited
- Focused on changing norms
- Preventive & Responsive
- Research-based
The OBPP IS NOT...

- a curriculum
- a conflict resolution approach
- a peer mediation program
- an anger management program
“Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”
Three Key Components of Bullying Behavior

• Involves an intentional aggressive behavior

• Typically involves a pattern of behavior repeated over time

• Imbalance of power or strength
Types of Bullying

Direct
- Hitting
- Name calling
- Taking Property
- Taunting

Indirect
- Exclusion
- Rumors
- Cyber-bullying
- Texting
Effects of Bullying on Bystanders

- Bystanders may feel:
  - Afraid
  - *Powerless to change the situation*
  - Guilty for not acting
  - *Diminished empathy for victims over time*
What Roles Do Students Play in Bullying Situations?

Students Who Bully

A. Start the bullying and take an active part

B. Take an active part, but do not start the bullying

C. Support the bullying, but do not take an active part

Students Who Is Bullied

D. Like the bullying, but do not display open support

E. Disengaged Onlookers

F. Possible Defenders

G. Dislike the bullying, help or try to help the bullied student

Supporters

H. Student Who Is Bullied

Followers

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Program Components

School

Classroom

Parents

Community

Individual
School rules about bullying

1. We will not bully others.

2. We will try to help students who are bullied.

3. We will try to include students who are left out.

4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home.
What can I do if my child is being bullied?

• Give your child an opportunity to talk about what happened
• Let them know it’s not their fault
• Tell them what steps you can and will take
• Collaborate with the school and your child’s teacher
• Discuss appropriate ways of dealing with the bullying
• Help your child make new friends
• Seek help if needed
What can I do if my child is bullying others?

• Make it clear that you take bullying seriously and that it is not acceptable
• Work with the school to help your child
• Be a role model of nonaggressive and kind behavior
• Use clear and consistent rules and consequences
• Help your child understand the impact of their behavior
• Help get your child involved in pro-social activities
What can I do if my child witnesses bullying?

• Tell your child not to laugh or join in the bullying
• Teach your child how to support the bullied child in a safe way
• Have your child include others in their games activities
• Explain the importance of reporting all bullying to an adult at school and an adult at home
Remember……

• Stopping bullying takes a team effort.
• You play a critical position on the team.
• Change happens in small increments but can have positive long-term impact for us all!
Contacts at the school

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