



OLWEUS BULLYING PREVENTION PROGRAM

Safety Always Matters



Pierre Van Cortlandt Middle School

Positive School Culture



PBIS

- Research-based

Olweus
Bullying
Prevention

- Proactive

Advisory

- Support learning and student growth

History of Olweus and Support Programs at PVC Middle School

2006-2007: First Olweus Survey Conducted

2007 Prevention Committee Formed and Trained

2008: Roll-out to First Cohort & Training of Faculty

2008: PBIS Program Started

2009: Advisory Meetings Once per month.

2011: Survey of Students

2012: Advisory Meetings Twice per month

2013: Survey of Students

Olweus Anti-Bullying Program Training



Identifying
Bullying

Reporting

Intervention

Communication

The Olweus Bullying Prevention Program IS...

**Designed
for ALL
students**

**Not time
limited**

**Focused on
changing
norms**

**Preventive
&
Responsive**

**Research-
based**



The OBPP IS NOT...



- a curriculum
- a conflict resolution approach
- a peer mediation program
- an anger management program

Olweus Definition of Bullying:

“Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”

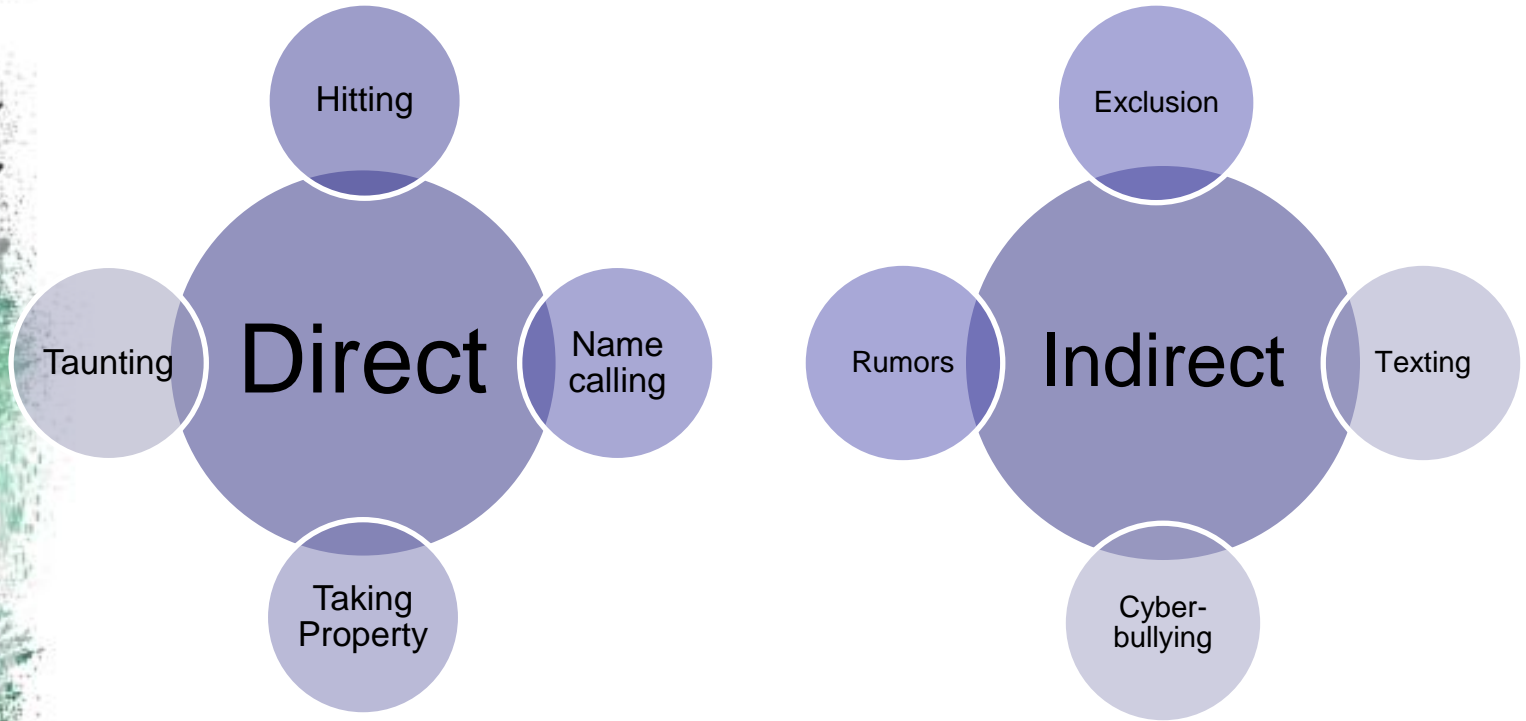


Three Key Components of Bullying Behavior

- **Involves an intentional aggressive behavior**
- **Typically involves a pattern of behavior repeated over time**
- **Imbalance of power or strength**



Types of Bullying



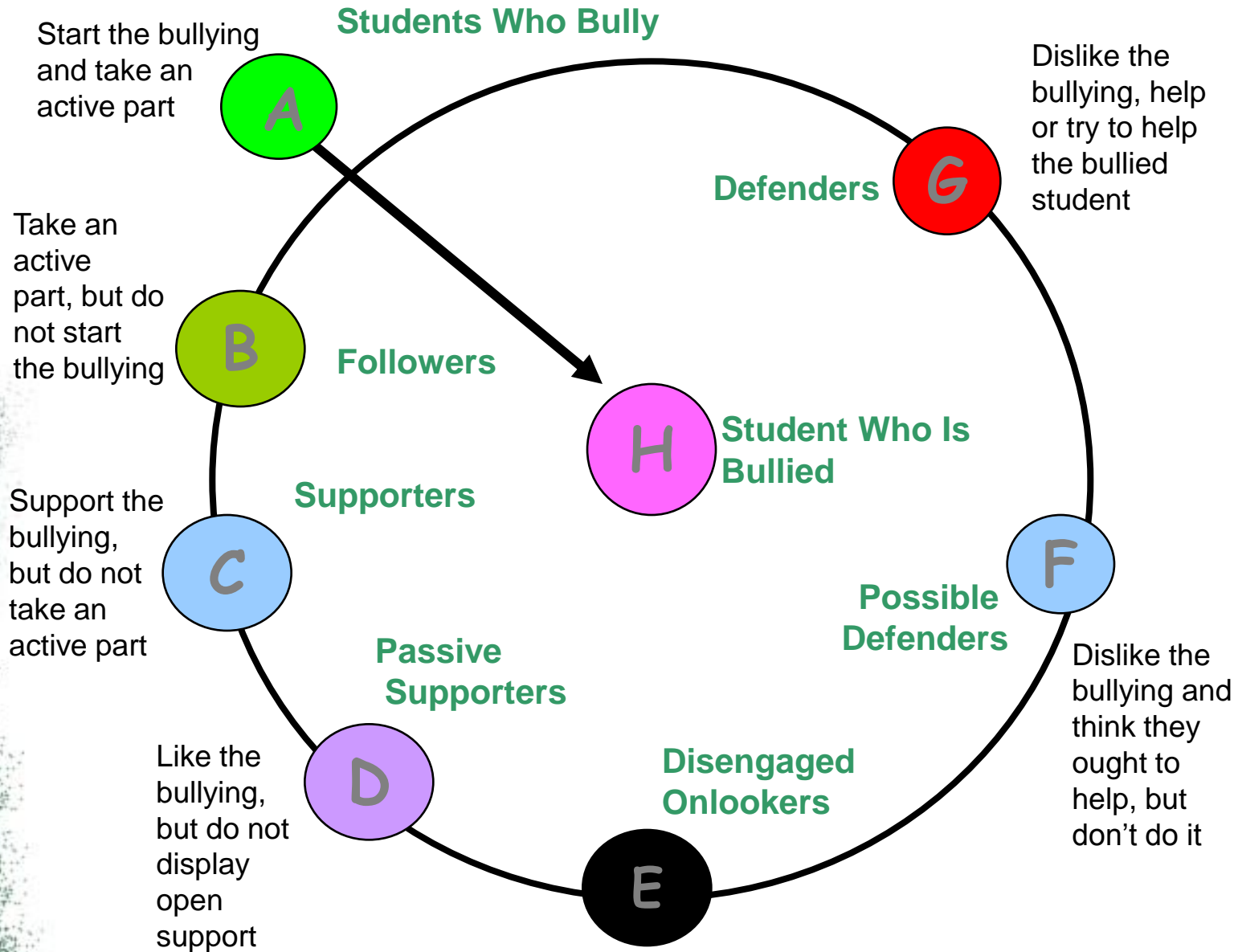
Effects of Bullying on Bystanders

- **Bystanders may feel:**

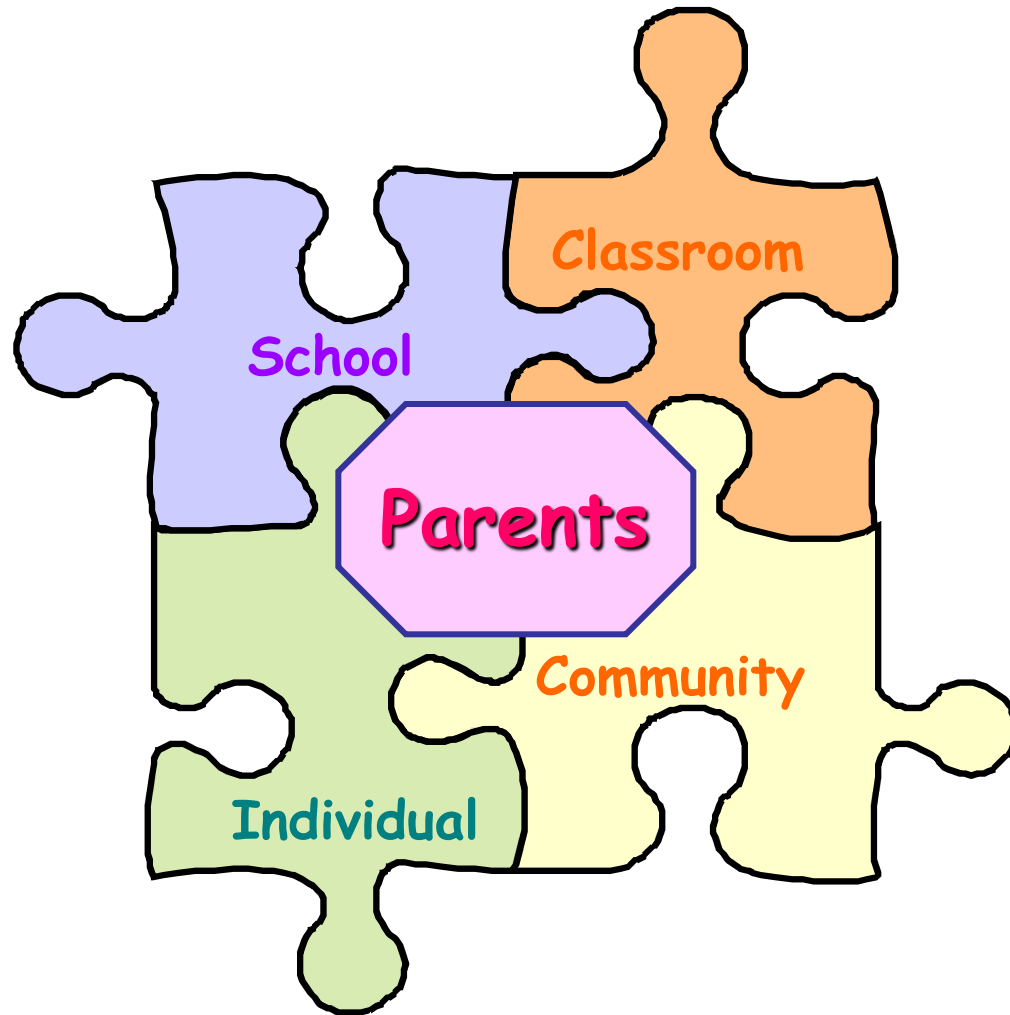


- ***Afraid***
- ***Powerless to change the situation***
- ***Guilty for not acting***
- ***Diminished empathy for victims over time***

What Roles Do Students Play In Bullying Situations?



Program Components



School rules about bullying

- 1. We will not bully others.**
- 2. We will try to help students who are bullied.**
- 3. We will try to include students who are left out.**
- 4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home.**



What can I do if my child is being bullied?

- Give your child an opportunity to talk about what happened
- Let them know its not their fault
- Tell them what steps you can and will take
- Collaborate with the school and your child's teacher
- Discuss appropriate ways of dealing with the bullying
- Help your child make new friends
- Seek help if needed



What can I do if my child is bullying others?

- **Make it clear that you take bullying seriously and that it is not acceptable**
- **Work with the school to help your child**
- **Be a role model of nonaggressive and kind behavior**
- **Use clear and consistent rules and consequences**
- **Help your child understand the impact of their behavior**
- **Help get your child involved in pro-social activities**



What can I do if my child witnesses bullying?

- **Tell your child not to laugh or join in the bullying**
- **Teach your child how to support the bullied child in a safe way**
- **Have your child include others in their games activities**
- **Explain the importance of reporting all bullying to an adult at school and an adult at home**



Remember.....



- **Stopping bullying takes a team effort.**
- **You play a critical position on the team.**
- **Change happens in small increments but can have positive long-term impact for us all!**

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